



7-10 Elimination Heats

Sunday 18th October 2015

Grenda Aquatic Centre

Haileybury College, 855 Springvale Road, Keysborough, Vic 3173

An Online Program will be available 16th October 2015

www.metroouthswimming.com.au

No Programs will be on sale on the day

- Entries:** Swimmers are restricted to their own age group
- Conditions:** Conducted under the rules of Australian Swimming Inc. and Swimming Victoria Inc. **Swimmers MUST be Registered as a Competitive Swimmer** with a Swimming Club within Metropolitan District South for this event.
- Age:** As at 8th November 2015 (Date of Finals). Minimum age is 7 years

Pool: 50m heated indoor pool Entry Fee: \$10.00 per individual event Pool Entry: Free

Morning Session				
Sunday 18 th October, 2015				
Warm up: 8.00am Start Time: 9.00am				
FEMALE EVENTS	MALE EVENTS	AGE	STROKE	DISTANCE
1	2	10	Butterfly	50m
3	4	9	Butterfly	50m
5	6	7/8	Butterfly	50m
8	8	10	Backstroke	50m
9	10	9	Backstroke	50m
11	12	8	Backstroke	50m
13	14	7	Backstroke	50m
22	23	10	Breaststroke	50m
24	25	9	Breaststroke	50m
26	27	8	Breaststroke	50m
28	29	7	Breaststroke	50m
30	31	10	Freestyle	50m
32	33	9	Freestyle	50m
34	35	8	Freestyle	50m
36	37	7	Freestyle	50m

Top 10 Swimmers of each event will progress through to the 7-10 Metro Championships
To be held on Sunday 8th November, 2015
at Melbourne Sports and Aquatic Centre
Cnr Albert Rd and Aughtie Drive, Albert Park, Melbourne

***** PLEASE DO NOT ENTER THIS EVENT IF YOU ARE NOT AVAILABLE FOR THE FINALS *****

Top 10 Swimmers will receive a Metro District South T-Shirt, Swim Cap and Iron on Badge
 To wear at the Finals

Entries: Online entries only or Club TM File:

Contact: Email Metrosthadm@outlook.com

Closing Date for Entries: Monday 12th October, 2015 @ 10pm

***** NO LATE ENTRIES WILL BE ACCEPTED *****